

Mixed Activity Timing Outline Example

Title: Nutrition and Dietetics 2.0

Start Date of Enduring Components: March 1, 2024 – April 3, 2024

Date of Live Components: April 4, 2024 – April 5, 2024

Live Activity Location (if applicable): Chicago, IL

Enduring Components (March 1, 2024 – April 3, 2024):		
Material:	Information:	Total CPEUs Requested:
Prep-Work Packet - Nutrition and Dietetics 2.0	Word Count: 15,000 <ul style="list-style-type: none"> 15,000 words/100 words per minute = 150 minutes 150 minutes/60 minutes per hour = 2 hours 30 minutes 	2.5 CPEUs
Recorded Video Review	5 hours	5 CPEUs
Discussion Board (Informal feedback/Assessment)	2 hours	2 CPEUs
	Total Enduring CPEUs Requested:	9.5 CPEUs

Live Components Day 1 (April 4, 2024 – April 5, 2024):

April 4, 2024			
Time:	Session Title:	Speaker(s):	Total CPEUs:
9:30 – 10:00 am*	Welcome and Intros	Jane Doe, MS, RD	N/A
10:00 am – 11:00 am**	Track #1: "Short Term Complications of Uncontrolled Diabetes"	John Smith, RD	1.0 CPEU
	Track #2: "Benefits of Purchasing Local Foods"	Robert Sample, MBA, RDN	
11:00 am – 12:00 pm**	Track #1: "Long Term Complications of Uncontrolled Diabetes"	John Smith, RD	1.0 CPEU
	Track #2: Benefits of Purchasing Local Foods Part 2"	Robert Sample, MBA, RDN	
12:00 – 12:30 pm*	Lunch	N/A	N/A
12:30 – 1:30 pm	"Is your Child a Picky Eater or a Problem Feeder?"	Cindy Jones, APN	1.0 CPEU

1:30 – 2:00 pm	Question and Answer (Informal feedback/assessment)	All Speakers	0.5 CPEU
2:00 pm – 2:30 pm*	Closing and Wrap-Up	Jane Doe, MS, RD	N/A
		Total Day 1 CPEUs:	3.5 CPEUs

Live Components Day 2 (April 4, 2024 – April 5, 2024):

April 5, 2024

Time:	Session Title:	Speaker(s):	Total CPEUs:
9:30 – 10:00 am*	Welcome and Intros	Jane Doe, MS, RD	N/A
10:00 am – 11:00 am**	Track #1: "Carbohydrate Counts in School Aged Children"	John Smith, RD	1.0 CPEU
	Track #2: "Importance of School Nutrition Programs"	Robert Sample, MBA, RDN	
11:00 am – 12:00 pm**	Track #1: "Carbohydrate Counts in College Students"	John Smith, RD	1.0 CPEU
	Track #2: "Importance of School Nutrition Programs Part 2"	Robert Sample, MBA, RDN	
12:00 – 12:30 pm*	Lunch	N/A	N/A
12:30 – 1:30 pm	"How to Implement What We've Learned Into Practice"	Cindy Jones, APN	1.0 CPEU
1:30 – 2:00 pm	Question and Answer (Informal feedback/assessment)	All Speakers	0.5 CPEU
2:00 pm – 2:30 pm*	Closing and Wrap-Up	Jane Doe, MS, RD	N/A
		Total Day 1 CPEUs:	3.5 CPEUs
Total Live CPEUs Requested:	7.0 CPEUs		

*Please note, time for Welcomes/Introductions, Meals, Breaks, and Closing/Wrap-Up does not count towards total CPEUs. All hours are awarded for learning time only.

**For concurrent sessions, the time is only counted once as practitioners cannot attend more than one live event at the same time. For example, if there were 3 sessions from 12 - 1 pm, this would count as 1 CPE vs. 3 CPEs

Total CPEUs Requested:	
Enduring Activity Components:	9.5 CPEUs
Live Activity Components:	7.0 CPEUs
Total Mixed Activity CPEUs Requested:	16.5 CPEUs